



ACADEMIC MOMENTUM PROGRAM

UNIV 101: ACADEMIC MOMENTUM PROGRAM COURSE

Develop your academic skills

The eight week UNIV 101 course is designed to help you learn and practice the skills you'll need to be successful academically.

SUCCESS COACH MEETINGS

Individual support to meet your goals

You will meet with your assigned academic success coach once a month. Your coach will help you stay on track, answer any questions you have, and help you troubleshoot any problems that may come up.

WEEKLY STUDY HOURS

Create good habits - and stick with them

Getting into a weekly study routine is perhaps the number one way to be academically successful! Developing this habit now will pay off during your time at CU.

ACADEMIC ADVISING

Plan your academic journey

Your academic advisor is here to help you stay on track with your degree progress and choose the right major/minor/courses to achieve your goals.

SUCCESS!!