CU Counseling Center Appointment Request

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Referral Source (if applicable): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Preferred Pronouns: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Time & Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please check which method of counseling you wish to have: Face-to-Face [ ] | Zoom [ ]**

**Please check the days and times you are available:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday**  | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8AM** |  |  |  |  |  |
| **9AM** |  |  |  |  |  |
| **10AM** |  |  |  |  |  |
| **11AM** |  |  |  |  |  |
| **12PM** |  |  |  |  |  |
| **1PM** |  |  |  |  |  |
| **2PM** |  |  |  |  |  |
| **3PM** |  |  |  |  |  |

**Disclaimer:** We appreciate your patience as we try to get you scheduled as quickly as possible. Sadly, with our limited resources some students are placed on our waiting list until something opens up.

**National Suicide Prevention Lifeline: 1-800-273-TALK (8255) | Text: 741741**

The CU Counseling Center does not regularly check email after hours and on weekends. It is especially important to note this in case of emergency situations. If you wish to communicate with us about matters other than scheduling you may contact us either in person or by phone at (304) 384-5290.

**If you are having an after-hours emergency, please contact the CU Police at (304) 384-5357 or 911.**

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