

Concord University UPWARD BOUND



October 2022

Wow, It's already October! - Barb

I want to encourage all UB students to take advantage of all the opportunities that Upward Bound presents you this year, and to participate in all the activities and events that you possibly can. I want to encourage you to utilize tutor.com. Remember, that it is available to you 24/7. Tutor.com can help you with any class, even AP or college classes, ACT and SAT test Prep, and many other subjects and areas.

Seniors, Upward Bound is here to help you prepare to attend college. It is very important for you to keep up with all the deadlines and get all your paperwork in on time. Please don't procrastinate! UB wants to encourage you to be applying to the colleges and/or universities that you are interested in attending as soon as you can. You should not have to pay for any application fees. If a college is asking for an application fee, check with your UB counselor to see if they can get you a waiver.

If you want to be considered for the Upward Bound Summer Bridge Program, Concord University has to be one of your colleges that you are accepted to. Just go to www.concord.edu to apply to Concord University. There are limited spots for the Bridge Program. To be eligible, you must have a 3.1 cumulative GPA and be an active participant in Upward Bound.

UB also wants to encourage seniors to take the ACT and/or SAT by December 10, 2022 so that you may have a chance to take if again, if needed. We want to see you be eligible for the Promise Scholarship, and we know that you can qualify for it if you work hard and make the score. Please be sure that you send UB a copy of your test scores. Juniors, UB would like for you to take the ACT, at least, once in your junior year. You should also be taking the SAT for your state assessment this year at your school. Please study before you take these tests and take them seriously. They can help you get scholarships and financial aid to help pay for college.

Below is the link to apply for UPWARD BOUND

If you need a hard copy email Geri at gnauck@concord.edu

<https://botform.com/pansol.com/202225108960852>





The meaning of October comes from the Latin word *Octo* meaning eight. The old [Roman calendar](#) started in [March](#), so October was the eighth month. When the Roman senate changed the calendar in 153 [BCE](#), the new year started in [January](#), and October became the tenth month.

5 things I wish I had known before becoming a Senior in High School

1, Senior year isn't always easy... Most classes are harder, you have standardized tests to take, you have to be sure you have applied to colleges, applied for FAFSA & scholarships.

2. Colleges look at your grades in your Senior Year
They do also look at all your grades throughout High School , but your Senior grades and achievements are very important. Don't forget even if you receive an acceptance letter to a college, they can take it back if you fail a semester

3. Take your SAT & ACT tests in your Junior Year
You will still want to take them in your Senior year as well, but take at least one or the other in your Junior year at least.

4. Remember you don't have to find your "Dream—Perfect" College
Although it is a very huge decision, it is important to look at a lot of things when choosing/applying, things such as cost, majors offered, size and the popularity of the College, meaning how other people rate their experiences there.

5. Remember to not rush through your Senior Year
Go to the school dances, go to the sports games, make time to spend with your friends. Time will fly by so quickly. Make time to enjoy your Senior Year—You will only be a Graduating Senior in High School one time in your life!

Crossword

by Margie E. Burke

ACROSS

- 1 Short-legged dog
- 6 Charges
- 10 Scottish miss
- 14 Pretty up
- 15 Weak, as an excuse
- 16 E, to a pilot
- 17 Halifax's home
- 19 Surgery souvenir
- 20 Vocal vibration
- 21 Pair on the links
- 23 Growing business?
- 25 Affirm
- 26 Walk with attitude
- 30 Audience member
- 34 Private instructor
- 35 Scrooge's look
- 36 Quaint lodge
- 37 In awe
- 38 Catchall category
- 39 Misplaced
- 40 Trapper's ware
- 41 Intense dislike
- 42 Event location
- 43 Not a child of slavery
- 45 Brief promo
- 46 Samson's pride
- 47 Word before gas or drop
- 49 Soon
- 52 Circus staple
- 57 It may be proper
- 58 Mercy killing
- 60 Church nook
- 61 Sole anagram
- 62 Becomes tiresome

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- 63 Look narrowly
 - 64 Palm reader, e.g.
 - 65 Parched
- ### DOWN
- 1 "Out of the question"
 - 2 Emanation
 - 3 Wander
 - 4 Unit of fat
 - 5 To such an extent
 - 6 Elevator stop
 - 7 Absorb, as a cost
 - 8 Throw off
 - 9 Atlantic fill
 - 10 Diminish
 - 11 Squeezeboxes
 - 12 Pillow covering
 - 13 Needing kneading
 - 18 Like some pigeons
 - 22 "Get ___ it!"
 - 24 Subject of the 1993 film "The Fugitive"
 - 26 Work group
 - 27 Soothsayer
 - 28 Depository
 - 29 ___ wild
 - 31 Overflow (with)
 - 32 Follow as a result
 - 33 Script direction
 - 35 Recipe instruction
 - 38 Scent-free
 - 39 Rural sight
 - 41 Final notice?
 - 42 Covered balcony
 - 44 Breadwinner
 - 45 "Gone With the Wind" plantation
 - 48 Anesthetic of yore
 - 49 Ginger cookie
 - 50 Crosby costar in "Road to Rio"
 - 51 Type of log
 - 53 Cowpoke's pal
 - 54 Biblical birthright seller
 - 55 Turns sharply
 - 56 Vane direction
 - 59 Nail holder

SATURDAY SESSION FUN



SATURDAY SESSIONS ~

22 OCTOBER

19 NOVEMBER

17 DECEMBER

21 JANUARY

25 FEBRUARY

18 MARCH



DIFFERNCE BETWEEN ACT & SAT

ACT

English; Math; Reading; Science; Optional Essay

SAT

Reading, Writing, and Language; No-calculator Math; Calculator Math; Optional Essay

ACT

3 hours

SAT

2 hours, 55 minutes (without essay); 3 hours, 40 minutes (with essay)

ACT

5 passages: 40 questions, 35 minutes

SAT

3 long passages, 2 short passages: 52 questions, 65 minutes

ACT

5 passages: 75 questions, 45 minutes

SAT

4 passages: 44 questions, 35 minutes

ACT

60 questions, 60 minutes; calculator is allowed

SAT

2 sections (only one allows the use of a calculator): 58 questions, 80 minutes

ACT

Optional: 1 essay, 40 minutes

SAT

Optional: 1 essay, 50 minutes (During the 2021-22 school year, the SAT essay will no longer be offered, except when given as part of a state's accountability assessment program.)

ACT

None

SAT

40 questions, 35 minutes

ACT

Scale of 1-36

SAT

Scale of 400-1600

ACT

Domestic students: \$63 (without essay), \$88 (with essay) International students: \$171.50 (without essay), \$196.50 (with essay)

SAT

\$55 excluding 'non-US regional fee"

How to be an ally

An ally is a person who makes an intentional decision to understand, empathize, and act in support of others. Allyship is not a person's identity. Rather, it's a lifelong commitment and practice that involves reflection, rethinking, and relearning past behaviors and approaches to constantly improve their self-awareness and adopt inclusive behaviors.

What does *ally* mean today?

An [ally](#), ultimately from a Latin verb meaning “to bind to,” is used to describe “someone who supports disenfranchised and underrepresented groups of people within our own country, such as minorities and those in the LGBTQ+ community.”

We're still talking about war, but it's a different type of war—a war on [bigotry](#), racism, sexism, hate, and ugly, ignorant words and actions. Allies use their own privilege to help raise visibility and create opportunities for those at a disadvantage.

A *straight ally*, for instance, is a [cisgender](#) or heterosexual person who supports and stands up for LGBTQ+ rights and representation. A *white ally*, as another example, is a white person who opposes and fights against the various forms of oppression people of color face—as a *male ally* does for gender equality for women. (dictionary.com)

ALLYSHIP

From Wikipedia, the free encyclopedia

"Allyship" is an English-language [neologism](#) used in contemporary [social justice](#) activism to describe efforts by groups of people, to advance the interests of marginalized groups, both in society at large, and within in particular social contexts, such as universities or workplaces.^[1] The term and related behaviors are controversial, with critics alleging that it is an ideological, [performative](#), and insincere term that may ignore prior concepts of [tolerance](#) and [solidarity](#).^{[2][3][4]}

The term entered widespread use during the 2010s and the [presidency of Donald Trump](#). Its usage has grown especially common in political activism and [organizational rhetoric](#) since the [murder of George Floyd](#) and the beginning of the international [George Floyd protests](#) in May 2020; in 2021, it was announced as [Dictionary.com](#)'s "Word of the Year."^[5]

Proponents of the concept say that allyship can be a response to most forms of discrimination, such as [racism](#), [ableism](#), [xenophobia](#), and [sexism](#) (see [intersectionality](#)). Outcomes of allyship that are considered desirable by its advocates include greater inclusion in the workplace and empowerment of outgroups.^[6] Some advocates of allyship may define it in roots of activism, such as changing to more inclusive use of language,^[7] removing bias from hiring and promotion processes,^[8] and combating perceived forms prejudice against disadvantaged groups.^[9] Other proponents of the term describe it as a "lifelong process" that cannot be limited to individual behaviors or patterns of behavior;^[10] Conversely, black workers have reported that performative and excessive demonstrations of allyship have negatively impacted their quality of life and comfort within their workplaces.^[11]

BOO-LIEVE IN YOURSELF



YOUR BEST IS
ALWAYS ENOUGH



EVERYTHING WILL
WORK OUT FOR YOU



YOU ALWAYS MAKE
A DIFFERENCE



YOU ARE
UNSTOPPABLE



YOUR NEEDS ARE
IMPORTANT AND
MATTER



YOU CAN TRUST
YOUR JOURNEY